



Friend Folder Evidence Sheet

GENERAL SECTION	
Requirements	Possible Examples of Evidence
1. Be 10 years old and/or in Grade 5 or its equivalent.	- <i>Basic information about the Pathfinder at the beginning of the folder</i>
2. Be an active member of the AJY Society or Pathfinder Club	- <i>Completion of the folder as evidence</i>
3. Memorize and explain the Pathfinder Pledge and Law	- <i>Verbally repeat the Pledge & Law.</i> - <i>Basic written report on each parts of the Pledge & Law. May include pictures</i>
4. Read the book <i>The Happy Path</i> (or similar book on the Pledge and Law).	- <i>A book report or an explanation of the pledge and the law</i>
5. Have a current Book Club Certificate.	- <i>A one-page book report for each book</i>
SPIRITUAL DISCOVERY SECTION	
Requirements	Possible Examples of Evidence
1. Memorize the Old Testament books of the Bible and know the five areas into which the books are grouped. Demonstrate your ability to find any given book.	- <i>Verbally repeat the Books</i> - <i>Written/verbal work showing the five areas</i> - <i>Show ability to find any given book</i>
2. Have a current memory gem certificate.	- <i>Certificate in the folder</i>
3. Know and explain Psalm 23 or Psalm 46.	- <i>Written evidence which explains one of the Psalms. May include pictures</i>
4. During several worship periods, read with your parents the historical prologue to the book Early Writings and list the main events of the SDA church or fulfil other options as mentioned on page 26.	- <i>A list showing the main events, or evidence of any other options mentioned. May include pictures</i>
SERVING OTHERS SECTION	
Requirements	Possible Examples of Evidence
1. By consultation with your leader, work out ways to spend at least two hours expressing your friendship to someone in need in your community by doing any two of the following: a) Visit someone who needs friendship. b) Help someone in need. c) With the help of others spend a half day on a community, school, or church project.	- <i>TWO reports showing evidence of the work completed. May include pictures</i>
2. Prove yourself a good citizen at home and at school.	- <i>A report showing evidence of the work completed. May include pictures</i>
FRIENDSHIP DEVELOPMENT SECTION	
Requirements	Possible Examples of Evidence
1. List ten qualities of being a good friend, and discuss four everyday situations where you have practiced the "Golden Rule."	- <i>A written list. May include pictures</i> - <i>Basic report of discussion. May include pictures</i>
2. Know your National Anthem and explain its meaning.	- <i>Written evidence showing explanation. May include pictures</i>
HEALTH AND FITNESS SECTION	
Requirements	Possible Examples of Evidence
1. Complete the following: a) Discuss the temperance principles in the life of Daniel, or participate in a presentation or role play on Daniel 1. b) Memorize and explain Daniel 1:8 and either sign the appropriate pledge card or design your own pledge card showing why you choose a life style in harmony with the true principles of temperance.	- <i>Evidence of discussion or role play. May include pictures</i> - <i>Repeat the text.</i> - <i>Written/verbal explanation of text</i> - <i>Pledge card signed off</i>
2. Learn the principles of a healthful diet and engage in a project preparing a chart of basic food groups.	- <i>Written evidence showing information. May include pictures</i>
3. Complete the honour in Beginner's Swimming	- <i>Evidence of ALL requirements for the Honour</i> - <i>Assessor will review random elements of the requirements with the Pathfinder.</i>



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ORGANIZATION & LEADERSHIP DEVELOPMENT SECTION	
Requirements	Possible Examples of Evidence
1. Plan and take a three hour or 8 km Hike. Plan to complete a requirement under the Nature Study or Outdoor Life sections or a Nature Honour.	<i>- Basic report on the hike. May include pictures - Evidence the chosen requirement for the chosen Honour OR A complete Honour</i>
NATURE STUDY SECTION	
Requirements	Possible Examples of Evidence
1. Complete one of the following honours: Cats, Dogs, Mammals, Seeds, Bird Pets.	<i>- Evidence of ALL requirements for the Honour - Assessor will review random elements of the requirements with the Pathfinder.</i>
2. Know different methods of purifying water and demonstrate your ability to build a camp shelter. Consider the significance of Jesus as the water of life and as our refuge place.	<i>- Basic report on how to purify water. May include pictures - Evidence of shelter built. May include pictures - Basic report showing Jesus as the water of life and refuge place</i>
OUTDOOR LIFE SECTION	
Requirements	Possible Examples of Evidence
1. Know how ropes are made and demonstrate how to care for rope in the correct manner. Tie and know the practical use of the following knots: Overhand, Granny, Square, Slip, Double Bow, Two Half Hitches, Clove Hitch, Bowline.	<i>- Basic report showing rope information including care of ropes. May include pictures - Produce a knot board or tie the knots - Basic report on the use of the knots.</i>
2. Participate in an overnight CAMPOUT.	<i>- Report of the campout. Pictures may be used</i>
3. Pass a test in general safety.	<i>- A certificate or other evidence of the test and results</i>
4. Pitch and strike a tent and make a camp bed.	<i>- Basic report of the activity. Pictures may be used</i>
5. Know ten hiking rules, and know what to do when lost.	<i>- Written evidence of rules and action taken when lost. Pictures may be used</i>
6. Learn the signs for track and trail. Be able to lay a 2 km. trail that others can follow and be able to track a 2 km. trail.	<i>- Evidence of Signs used - Basic report of the activity. Pictures may be used</i>
LIFESTYLE ENRICHMENT SECTION	
Requirements	Possible Examples of Evidence
1. Complete one Honour in Arts and Crafts.	<i>- Evidence of ALL requirements for the Honour - Assessor will review random elements of the requirements with the Pathfinder.</i>